

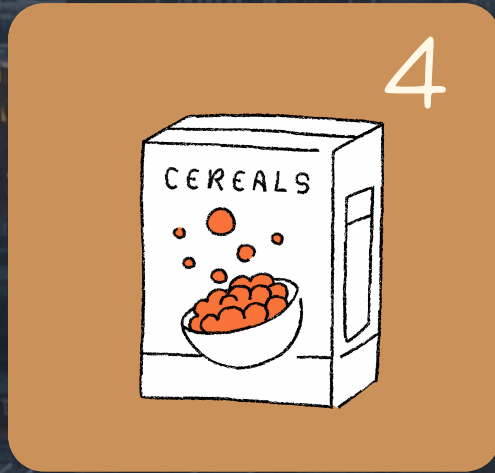
THE BLADE'S Reverse Advent Calendar



Please join us in supporting local food banks this year with The Blade's Reverse Advent Calendar Campaign!

You can bring in your donations in any order before midday on the 18th December. Just put them under the Christmas tree in reception and we will use them to make food parcels for those in need. We are asking for:

1. Tea bags.
2. Tinned soup.
3. Tinned tomatoes.
4. Cereal.
5. Long-life (UHT) milk.
6. A tinned pie or a tin of veggie curry.
7. Tinned potatoes
8. Baked beans.
9. Tinned fish (tuna, sardines).
10. Tinned vegetables.
11. Rice.
12. Tinned fruit.
13. Tinned spaghetti.
14. Tinned or dried lentils.
15. Tinned corned beef or ham
16. Toilet rolls
17. Tinned hot dogs, minced beef or macaroni cheese.
18. Soup Sachets.
19. A tin of rice pudding.
20. Pot Noodle instant meals.
21. Jam.
22. Coffee.
23. Biscuits, or savoury crackers.
24. Shower gel or soap.



25

THE BLADE'S
REVERSE
ADVENT
CALENDAR